

# Seaside yoga

A Fundraiser  
for our  
Four-legged Friends

**One World Wellness & Yoga  
joins non-profit East Haven  
Animal Shelter to care for  
adoptable dogs & cats.**

*with Instructors*

Christine Ucich & Michele Antisdal

**Tuesdays June 9, 16, 23 & 30**

*7:00-8:15 PM*

**Seaside Yoga Classes**

**East Haven Town Beach**

In case of rain, check the website!

*Learn more & register at . . .*  
**[www.oneworld-wellness.com](http://www.oneworld-wellness.com)**

*Suggested Donation \$20 class*



The Little Shelter Making A Big Difference  
**East Haven Animal Shelter**  
183 Commerce St, East Haven, Connecticut 06512  
**(203) 468-3249 or Find Us on Facebook!**